



2009 Player Responsibilities (** really important for new players to the league)

- **1. Attend Meet the Team Night on Wednesday May 6, 2009 at 7:30pm at XENOS Bar & Bistro, Ajax.
 2. Be at park 15 minutes before each game.- please help your captain put up nets/corner flags, and STRETCH!
 3. All games should start on time and can start with no fewer than 7 players per team.
(If a game does not start on time - the Referee can reduce the time at his discretion)
 - 4. Please give your captain at least 48 hours notice by e-mail if you are going to miss or be late for a game – this is necessary to help him manage the team, arrange call-ups, etc. After missing two games without advising your captain in time, the captain has the right to ask that you be removed from the team and league.**
 5. Captains must play each player at least half of each half of each game – if you are unhappy with your playing time, please mention it to your captain by phoning him **at least 24 hours after the game** to make him aware of your concern – if the situation happens again, please e-mail him and copy aarscpresident@rogers.com
 6. Red Cards – if you receive a red-card, please e-mail aarscpresident@rogers.com with RED CARD in the subject line. Captains must ensure red-carded players do not play at least the next game and OSA minimum suspension rules will be applied
 7. Yellow Cards – upon receiving your third yellow card, please e-mail aarscpresident@rogers.com and your captain and advise that you will be missing your next scheduled game – every additional yellow card means another missed game
 - Any team playing a player under suspension will have points forfeited.**
 8. Smoking is not to be permitted by any person within 10 metres of the field or player benches
 9. Alcoholic beverages are not permitted as per Town By-Laws
- Violations of Responsibility 8 or 9 may result in discipline from the league/OSA including suspension/expulsion from the league
- 10..Temperament – bring your best **recreational** soccer competitiveness to each game – we all want to win but watch the reckless tackles (we all have to work the next day), avoid foul language (there are often young kids watching), take it easy on the refs (they're doing their best and it's tough without assistant referees), and go out after the game with your team and maybe even the opponents and enjoy a few beverages together at one of our sponsors' establishments.