

AJAX ADULT RECREATIONAL SOCCER CLUB (A.A.R.S.C)

2010 RETURNING PLAYER REGISTRATION FORM

www.shotonnet.com

E-mail: AARSCPresident@rogers.com

To all 2009 Registered Players Returning for the 2010 Season

Gentlemen:

I hope you all enjoyed the 2009 season as much as I did – we had some great games particularly in the Cup rounds (with the junior final going to penalty kicks), the teams were quite well balanced particularly in the senior division, not very many games were played with fewer than 11 players thanks to players letting their captains know in advance they would be missing games and utilization of the call-up/call-down rules, and there was generally favourable response to having Assistant Referees during many of the regular season games. On a personal note, I am pleased there were not many suspensions due to Red and Yellow cards – congratulations on your good behavior!

So in 2010 please note the following:

- **Registration availability is limited this year – please get your registration in early!**
- All games are scheduled to be played with Assistant Referees
- Five minutes before scheduled start times, nets and corner flags must be secured and players must be properly stretched and warmed up and ready to play in their complete issued uniforms. If games do not start on time, kick-off will be automatically delayed 20 minutes and games will be shortened by 20 minutes
- To assist in fair team-balancing, new players to the league are being asked to play in the pre-season Round Robin CANCER Fundraising tournament at the Sportsplex fields in North Ajax on Victoria Day (May 24) (**Returning players wishing to participate in the pre-season Round-Robin tournament should please enclose a cheque for \$30 payable to the Durham Cancer Society with their registration**)
 - Playing with friends – we will try to honour 2-way or 3-way links IF APPLICATIONS ARE CROSS-REFERENCED AND RECEIVED IN THE SAME ENVELOPE – generally, players cannot request to play with specific captains (team-balancing would be even more difficult and time-consuming were that to be permitted)
 - Tentative Game Nights: Monday 9pm / Wednesday 7pm / Friday 7pm and 9pm
Whitby / South Ajax / South Ajax

All returning players are encouraged to attend the Annual General Meeting at 7:30pm at the Ajax Community Centre, Admirals Room

- **2010 Registration Fee - \$230 – must be received by March 31, 2010**
- **Please make cheque payable to: Ajax Adult Recreational Soccer Club and mail to: AARSC
c/o 99 Panter Crescent
Ajax, Ontario L1S 3T7**
- **NSF cheques will be subject to a \$50 admin fee and fees settled by certified cheque**
- **After March 31, there will be a \$50 late registration fee for returning players**

I, the undersigned,

- agree to abide by the rules of the Club including yellow and red card game suspensions.
- certify that I am in good health and absolve the organizers of the Club from blame for any accident arising from my participation in games
- agree to comply with the 2010 Player Responsibilities as outlined on the league web-site www.shotonnet.com

Printed Name _____ Age as of January 1, 2010 _____

E-Mail address: _____

Signature _____ Date _____

ONTARIO SOCCER ASSOCIATION

**WAIVER AND RELEASE OF LIABILITY
(To be signed by players 18 yrs of age and older)**

By signing this form you give up important legal rights. Please read carefully!

1. This is a binding legal agreement. As a Participant in the programs, activities and events of the Ontario Soccer Association, their Districts, Leagues and Clubs, the undersigned acknowledges and agrees to the following terms.

Disclaimer

2. The Ontario Soccer Association, their Districts, Leagues and Clubs, directors, officers, members, employees, coaches, volunteers, officials, participants, clubs, agents, sponsors, owners/operators of facilities, and representatives (the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during, or as a result of, any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Description of Risks

3. In consideration of my participation as a Participant in such programs, activities and events, I hereby acknowledge that I am aware of the risks and hazards associated with or related to soccer. The risks and hazards of soccer include, but are not limited to injuries from:
 - Executing strenuous and demanding physical techniques in soccer;
 - Dryland training including weights, running, and massage;
 - Grass, turf and other surfaces including bacterial infections and rashes;
 - Falls to the ground due to uneven or irregular terrain or surfaces;
 - Collisions with walls and soccer equipment;
 - Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - Spinal cord injuries which may render me permanently paralyzed;
 - Extreme weather conditions which may result in heatstroke, sunstroke or hypothermia;
 - Contact, colliding or being struck by other participants, spectators, equipment or vehicles;
 - Vigorous physical exertion and strenuous cardiovascular workouts;
 - Exerting and stretching various muscle groups; and
 - Travel to and from competitive events and associated non-competitive events which are an integral part of the organization's activities.
4. Furthermore, I am aware:
 - That injuries sustained in soccer can be severe;
 - That I may come into close contact with other participants, including the possibility of accidental and unexpected contact;
 - That I may experience anxiety while challenging myself during the activities;
 - That my risk of injury is reduced if I follow all rules adopted during training; and
 - That my risk of injury increases as I become fatigued.

Release of Liability

5. In consideration of the Organization allowing me to participate as a Participant, I agree:
 - a) To assume all risks arising out of, associated with or related to my participation;
 - b) To be solely responsible for any injury, loss or damage that I might sustain while participating; and
 - c) To release the Organization from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

Accident Insurance

Executing this agreement will not preclude you from accident insurance coverage, subject to the terms and conditions of The Ontario Soccer Association's insurance policy.

Acknowledgement

By signing and dating below you agree that you are the player being registered and to be bound by this Legal Agreement even if you have not read this agreement.

Name of Participant

Signature of Participant

Date

Revised February 12, 2007